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listening. serving. empowering.

# Youth Resiliency Services



# About Youth Resiliency Services



**re-sil-ience:  
the capacity  
to recover  
quickly from  
difficulties;  
toughness.**

Youth Resiliency Services take a holistic approach by providing trauma-informed behavioral health and physical health services, case management, and shelter. The program includes a Youth Shelter and an Independent Living continuum of care for transition age youth to gain core life skills to become self-sufficient within the community. Services help prevent homelessness, and may provide respite or support transition planning to help youth progress toward independence.

Youth are referred by child welfare systems, as well as other community agencies with a goal to maintain youth in their respective communities. We understand that the youth we serve have experienced complex trauma which plays a pivotal role in their future success. By recognizing that each youth's past struggles are an integral part of who they are and how they behave, we have created programs committed to being trauma-informed to set the foundation for healing and resiliency.





## Independent Living Continuum

LMM offers Pre-Independent Living and Semi-Independent Living for transition age youth 16-21 who require skills to live independently prior to exiting the foster-care system.

Our life coaches are accessible 24/7 and after-hours for support, and provide weekly oversight to remove any barriers that may arise to fulfill independent living transition planning requirements.

## Pre-Independent Living

The Pre-Independent Living program serves youth ages 16-19 in obtaining preliminary skills and education in a 24-hour supervised environment in effort to progress toward full independence.

The program's goal, with a maximum stay up to nine months, is to teach the baseline of core independent living skills in a nurturing environment that offers stability, consistency and safety. It is created for teens who truly have the willingness and desire to gain skills to live independently.

## Semi-Independent Living

Semi-Independent Living is an extension of the Pre-Independent Living program with a length of stay from nine months to one year. There are two sites, located in Lakewood and Ohio City.

These sites are dedicated for youth ages 17-21 who have demonstrated an increased level of independence, responsibility, and advanced independent living competencies, and requires minimal supervision and oversight to ensure success.

Youth have 24-hour access, support and monitoring from their life coach in addition to staff from the youth shelter after-hours.



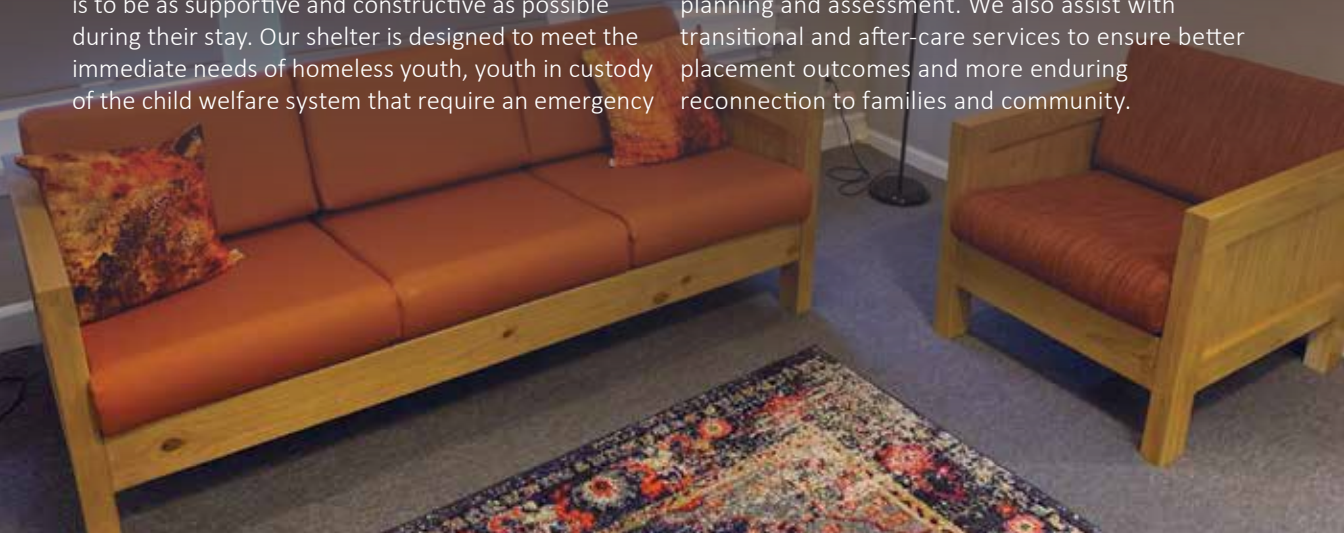
# Youth Shelter

LMM's Youth Shelter is the only emergency shelter for children in Cuyahoga County, licensed by the Ohio Department of Jobs & Family Services (ODJFS) and is available twenty-four hours, seven days a week, 365 days per year for the admission of youth between the ages of 13 and 17.

Upon admission, children are in crisis and the objective is to be as supportive and constructive as possible during their stay. Our shelter is designed to meet the immediate needs of homeless youth, youth in custody of the child welfare system that require an emergency

placement, and planned respite to support non-custodial youth to divert mandated system involvement i.e. child welfare and juvenile justice systems.

Although youth's length of stay may vary from a few days to up to 30 days, we believe each case is unique and look at each youth's situation individually. A stay can be extended to allow for additional transition planning and assessment. We also assist with transitional and after-care services to ensure better placement outcomes and more enduring reconnection to families and community.





LMM's Youth Resiliency Services aims to provide a welcoming environment for youth who identify as LGBTQ+.



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